

NailLift Clinical Case Submission Form

De-Identified Educational / Clinical Review

This form is intended for structured educational and clinical case review within the NailLift training system. Please avoid including directly identifiable patient information.

1. Provider Information

Provider Name:

Clinic Name:

Certification Level:

Email:

Case ID:

2. Patient Characteristics

Age Range:

☐ Under 18

☐ 18–30

☐ 31–50

☐ 51–70

☐ 70+

Activity Level:

☐ Sedentary

☐ Moderate

☐ Athletic / High Activity

Other Health Factors Affecting Nail:

3. Nail Assessment (Initial)

Pain Level (1–5):

Involution Type:

☐ Mild

☐ Moderate

☐ Severe

☐ Trumpet/Pincer

☐ Unilateral

Ingrown / Infection Present?

Stage / Description:

Nail Quality:

☐ Healthy

☐ Thickened

☐ Thin

☐ Rigid

☐ Flexible

☐ Trauma / Uneven

☐ Granulation Tissue Present

☐ Recurrent Pressure / Footwear Issue

Previous Nail Surgery?

Remove all patient identifiers before submission.

Application & Follow-Up

4. Application Details

Method Used:

☐ Under ☐ Over

Clips Used:

☐ 2 ☐ 3 ☐ 4

Clip Configuration / More Information:

Reason for Method Selection:

- | | |
|---|---|
| ☐ Nail too short | ☐ Severe involution |
| ☐ Rigid nail | ☐ Flexible nail |
| ☐ Distal leverage concern | ☐ Better proximal engagement |
| ☐ Patient comfort | ☐ Inflammation present |
| ☐ Footwear / pressure concerns | ☐ Previous experience |

Other:

Brace Size / Type:

Treatment Goal:

5. Immediate Mechanical Effect

- | | |
|---|---|
| ☐ Strong global effect | ☐ Moderate global effect |
| ☐ Mostly local effect | ☐ Minimal visible correction |

Notes on Immediate Effect:

6. Image Documentation

- | | | |
|-----------------------------------|--|------------------------------------|
| ☐ Before | ☐ Immediately After | ☐ Follow-Up |
| ☐ Top-down | ☐ Distal | ☐ Lateral |

Remove all patient identifiers before submission.

Follow-Up & Reflection

7. Follow-Up Assessment

Follow-Up Date:

Pain Level (1–5):

Follow-Up Mechanical Effect:

☐ Strong global effect

☐ Moderate global effect

☐ Mostly local effect

☐ Minimal visible correction

Structural Change Observed:

☐ Minimal

☐ Moderate

☐ Significant

☐ Effect became more local over time

☐ Unsure

☐ Reapplication Performed

If reapplied, why?

8. Provider Reflection / Additional Information

What mechanical behavior did you observe?

Why did you choose this approach?

What feedback or questions do you have for the educator team?

9. Provider Declaration

I confirm this case has been appropriately de-identified and that patient consent for educational and clinical review has been obtained in accordance with applicable regulations.

Provider Signature:

Remove all patient identifiers before submission.

Date: